

WALK OF LIFE

Song	Walk of life
Artist	Dire Straits
Album	The Very Best of Dire Straits
Choreographed by	Mark Simpkin Sydney, NSW Australia; August 19 th 2005
Description	64 count, 2 wall dance
Starting Position	Feet together weight on Left, wait 64 counts, start with the drums
Degree of Difficulty	Advance Beginner

- 1-8 VINE RIGHT, VINE LEFT
1-4 Step R to Right Side, Step L Behind R, Step R to R Side, Touch L Beside R. (Vine R)
5-8 Step L to Left Side, Step R Behind L, Step L to L Side, Touch R Beside L. (Vine L)
9-16 CHICKENWALK
1-4 Step R Forward (twisting 45deg R) , Hold, Step L Forward (twisting 45 deg L)
5-8 Walk Fwd R, L, R, together L (The Walk is done in a Twisting Motion)
17-24 TWIST KICKS
1-3 Twisting Heels R, L, R (kicking L foot at 45 deg)
4-6 Twisting Heels L, R , L (kicking R foot at 45 deg)
7-8 Step/Rock Back R, Replace Weight on L
25-32 R SIDE MAMBO, L SIDE MAMBO
1-4 Step/Rock R to R Side, Replace Weight on L, Step R beside L, Hold (Mambo)
5-8 Step/Rock L to L Side, Replace Weight on R, Step R beside R, Hold (Mambo) Restart on 6th wall
33-40 FWD R COASTER, BACK L COASTER
1-4 Step R Fwd, Step L together, Step L Back, Hold (Fwd R coaster)
5-8 Step L Back, Step R together, Step L Fwd, Hold (Back L coaster)
41-48 STEP, TURN, STEP, CLAP, STEP, TURN, STEP, CLAP
1-4 Step R Fwd, Pivot Half Turn Left (weight on L), Step Fwd R, Clap
5-8 Step L Fwd, Pivot Half Turn Right (weight on R), Step Fwd L, Clap
49-56 STEP, SCUFF, TURN, TOUCH, STEP, LOCK, STEP, HOLD
1-4 Step R Fwd, Scuff L, Pivot Half Turn Right (weight on R), Touch L toe back
5-8 Step L Fwd, Lock R behind L, Step L fwd, Hold
57-64 R TOE, HEEL, STEP, HOLD, L TOE, HEEL, STEP, HOLD
1-4 Touch R toe to R side (slightly back), Touch R heel to R side, Step R in Front of L, Hold
5-8 Touch L toe to L side (slightly back), Touch L heel to L side, Step L in Front of R, Hold
- 64 Start Again

DURING THE 6TH WALL, DANCE THE 1ST 32COUNTS, AND START AGAIN
Choreographed for my good friends Karl and James Madden.

A fun dance aimed at experienced beginners, hope you enjoy it.

Mark Simpkin 0418 440 402

Email msimpkin@bigpond.net.au

Web address www.southerncrosslinedances.com